

*January 2024* More than just a ski club

### Editor: Glen Campbell, *publicity-2020{at}raski.ca*

www.raski.ca

# **MESSAGE FROM THE CLUB COUNCIL**

Happy New Year! Welcome our 2024 Ski season!

By the time this newsletter is published, we should finally see the winter snows at last, and the Club has full program schedules to tempt your Winter experiences this month and more.

A big "thank you" for the work of our Club Council, and the other volunteers who have already helped out in various activities or represented the Club leading fall hikes or bike outings, and staffing our booth and tables at October's Ottawa Ski and Snowboard Show, as well as own Open House in November.

Deadlines will have come and gone by the printing of this newsletter, for our three major multi-day trips of the year – the weeklong to Banff, a 2-day carpool to Far Hills, and a 3-day carpool to Mont Ste. Anne (unfortunately cancelled due to lack of registration) – but there is still time to register for our four joint bus day trips (with the Bytown Club) to Tremblant.

Full calendars of our day activities are available in our annual Winter Program Guide

(www.raski.ca/newsletters/pdf/Newsletter-2023-Nov.pdf) or see www.raski.ca for details. The Downhill Day program offers weekly meet'n'ski outings to local ski areas in Ontario and Quebec. The Cross-country schedule varies their calendar with weekday and weekend outings, primarily to Gatineau Park, with the addition of ever-growing array of maintained Greenbelt trails in the city.

Reward the hard work of the Club Council and volunteers by participating, helping out where you can, and letting other people know about us (bring a friend along to check us out - a friendly club with year-round activities). Become an ambassador by encouraging new members to join our fourseasons Club. Don't forget some of the benefits of being a member: in addition to a wide selection of organized programs, your membership offers you discounts at sports shops too. Always carry your card and ask if a discount will apply. Check our website for updates that may be added after the deadline for this newsletter. Program Chairs encourage and welcome Club members to volunteer to lead an outing. It's not an onerous job, and the help is much appreciated. If you can help out, please contact the XC or Downhill Chairs through the link on our website.

To round out the RA Ski season in April, we'll be holding our popular potluck dinner evening and Annual Club meeting. Stay tuned for details of these and other Social activities to be added to the calendar.

When spring and summer roll around, new schedules of hiking, cycling, golfing and theatre in the park will be created and published, so stay in the loop by checking <u>www.raski.ca</u>, following us on Facebook (find RA Ski and Snowboard Club of Ottawa and ask to join in), and subscribing to our Ski-Mails.

Happy 2024! We hope to see you on the slopes and trails.



On behalf of the RA Ski & Outdoor Club Council, Jaime Impey, Vice-Chair, weeklong-2020{at}raski.ca

# WEEKLONG 2024 BANFF AB – SkiBig3

FEBRUARY 1-8, 2024





RA Skiers are heading to Banff National Park to ski the Big 3 in February. The trip sold out in mid-November, with a full complement of 40 trip participants.

### BANFF

Banff National Park, a UNESCO World Heritage Site, is known for its exceptional natural beauty, rare wildlife and abundant landforms. Tucked within the boundaries of Banff National Park in the Canadian Rockies, the ski towns of Banff and Lake Louise provide home-base to three distinctive ski resorts: Banff Sunshine, The Lake Louise Ski Resort and Mt Norquay. The three boast 7,748 acres of skiable terrain, 2 gondolas, 27 chairlifts and 30 feet of feather-light, dry Canadian Rockies powder annually.

### Accommodations

Located in Banff National Park, the Banff Caribou Lodge & Spa offers a mountain lodge hotel, a great steakhouse restaurant and a fullservice spa, all in one outstanding location on Banff Avenue, the main street in the town of Banff and a short walk to downtown. It's the first stop for the resort shuttles!



### TRIP RENDEZVOUS NIGHT

When:	Monday, January 22, 7:00 PM
Where:	Courtside A, RA Centre

We'll be reviewing our e-tickets, itinerary, and going over everything you need to know about the trip. Meet your travel mates. Pub night to follow in the Fieldhouse Bar & Grill.

Jaime Impey, Weeklong Chair, weeklong-2020{at}raski.ca

# DOWNHILL DAY TRIPS

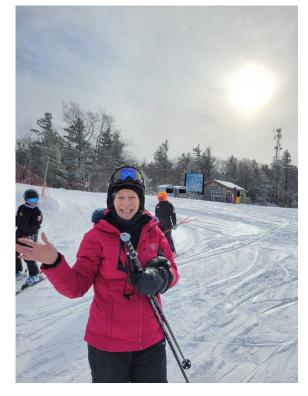
The Grinch took all our snow away for the Christmas holidays but snow is now on the way and all local hills are now 50%-100% open.



Dec. 16 - Fortune Friday, our first Downhill ski of the year

Our ski season had a good start with some RAski members getting a few runs at Camp Fortune on December 7.

Our Fortune Fridays events – a weekly Friday ski day at Camp Fortune – always gets a good turnout and we managed to get 3 of those in before the Christmas break.



Jan. 7 – Our DH outing to Calabogie was cancelled, but a few people went anyway... and had fun.

So, get those skis out and let's enjoy whatever ski conditions come our way.



Jan. 5 – Fortune Friday

We have 9 downhill outings planned for the month of January alone – and don't forget our monthly bus trips to Tremblant with the first trip on January 19. Details of all our downhill trips can be found at <u>https://www.raski.ca/index.php?target=downhill</u>



Bob Cavan, Downhill Chair, downhill-2020{at}raski.ca

### **CROSS-COUNTRY**

#### DAY TRIPS

It's been a slow start to the cross-country ski season. The club's first few day trips were cancelled due to poor conditions or lack of snow. The rest of the season will be that much sweeter.

The trip schedule has been updated to re-schedule a couple of the earlier outings. Keep up-to-date with our website, the ski mails and our group Facebook page.

These are the day trips for which we have trip leaders. If you have suggestions for other trips or destinations, or if you are willing to lead a trip, contact us at xc-2020{at }raski{dot}ca.

- Thurs Jan 11\*\* Date Change\*\* 10:30 AM Gatineau
  P16 to Herridge/Healey
- Sat Jan 13 10 AM Gatineau \*\*Destination change\*\* P20 to Taylor Lake
- Tues Jan 16 10:30 AM City Britannia Winter trail
- Sun Jan 21 12 noon Gatineau P6 to Pink Lake (several trail options)
- Thurs Jan 25 -10:30 AM City Kichi Sibi Winter trail
- Sun Jan 28 12 noon Gatineau P7 to Huron
- Wed Jan 31 10:30 AM Greenbelt P20 Mer Bleue
- Sat Feb 3 10 AM Gatineau P20 to Lusk Cabin
- Tues Feb 6 10:30 AM City P27 Heritage East City trail
- Fri Feb 9 10:30 AM -Gatineau P17 to Brown Cabin
- Wed Feb 21 10:30 AM Greenbelt P19 Leitrim Road (originally scheduled for January 3)
- Sat Feb 24 10 AM P6 to Pink Lake (intermediate trail)
- Wed Feb 28 11 AM P7 Larose Forest
- Sun Mar 3 12 noon Gatineau P12 to Western
- Wed Mar 6 10:30 AM City Heritage East City trail – east to Orleans
- Sat Mar 9 10 AM Gatineau P20 to end of Lac Philippe
- Tues Mar 12 10:30 AM City Rideau Winter Trail
- Thurs Mar 21 10:30 AM Gatineau P6 to King Mountain "Biathlon"
- Sun Mar 24 12 noon Gatineau P16 to Herridge/Healey

### <u>Cross-Country Mid-Week to Far Hills Inn</u> Feb 14-16, 2024

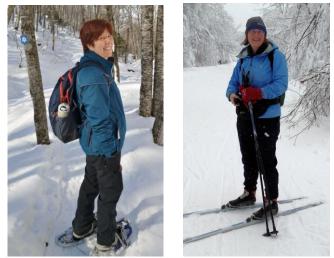
This trip sold out quickly and 26 participants are looking forward to skiing the trails at Far Hills again this year.



Feb. 2023 – Skiers at Far Hills



Feb. 2024 – RA skiers at Far Hills



Jane Hilliard & Louise Cameron, XC Co-Chairs, xc-2020{at}raski.ca

# SOCIAL MEDIA UPDATES

You can find or receive news and updates about Club activities through a number of methods:

SKI-MAIL

Find out about last-minute additions or changes, club news, and upcoming events, by subscribing to Ski-Mail, our e-mail newsletter.

Send an email to: *RASkiClub+subscribe@groups.io* using the email address you wish email to be sent to.

NOTE: If you haven't been receiving Ski-Mails since December, you need to re-subscribe, as we had to change our e-mail provider.

WEBSITE

www.raski.ca

FACEBOOK

Visit us on Facebook to learn about upcoming events, read members' comments, and much more! Go to **RA** Ski and Snowboard Club of Ottawa and ask to join.

# PHOTOS ON THE WEB

Photos are on the RA Ski web site, www.raski.ca.

For photos, on the left sidebar click on "Photos", then on the appropriate album ("Cross-country", "Downhill", "Snowshoeing", or "Biking Hiking and Skating".) To see the photo larger, double-click on it.

#### To see the photos as a slideshow

1. Double-click on the little square icon on the top right under the number of photos. Wait a few seconds and the slideshow will start.

#### **Downloading photos**

- 1. Double-click on the photo.
- 2. On the bottom right, click on the down arrow with the bar underneath it.
- 3. Click on the size you want (i.e., "Original".)
- 4. Click on "Save File", then click on "OK."

Your file will be downloaded to your directory "Downloads."

### DISCOUNTS

Our club has the power of group purchasing to obtain discounts at many local ski hills, sports stores, and other venues. Check out the current offerings at <a href="https://www.raski.ca/index.php?target=discounts">https://www.raski.ca/index.php?target=discounts</a> and make any suggestions for other discounts to your Club Council.

The more places we get. the more we save.

Bob Cavan, Downhill Day Chair, downhill-2020{at}raski.ca

### **USEFUL LINKS**

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RA Ski Facebook page

# **USEFUL LINKS – CROSS-COUNTRY**

### GATINEAU PARK

#### Gatineau Park XC phone line

819-827-2020

Gatineau Park XC ski conditions - NCC website

http://ncc-ccn.gc.ca/places/ski-conditions

#### **Gatineau Park Trail Map Showing Recommended Trails**

This map shows in green which trails are recommended.

#### https://ncc-

ccn.maps.arcgis.com/apps/MapSeries/index.html?appid=9fb8f1b6 99fb4653b14ec9f06e3f7ed7

#### Gatineau Park XC Trail Map

(Note : There are two pages. This is a large file and will take awhile to download.)

https://ncc-website-2.s3.amazonaws.com/ documents/Final\_GP\_Winter\_Trails\_Map\_LR.pdf

#### Ottawa Gatineau Cross-country Ski Conditions

This gives skier's first-hand reports how the trail conditions are for Gatineau Park, Nakkertok, Mooney's Bay, Kanata, Greenbelt and Kichi Sibi (Formerly Sir John A. MacDonald).

http://skitrails.xcottawa.ca/skitrails\_gatineau\_park.php

#### Daily photos of outdoor activities in Gatineau Park

http://musicianonskis.ca/blog/

### **XC TRAILS IN OTTAWA**

https://ottawatourism.ca/en/ottawa-insider/cross-country-skiing-andaround-ottawa

XC Maps and Grooming Conditions in Ontario (including trails in Ottawa)

https://nordic-pulse.com/ski-areas/CA/ON

#### Maps of Cross-Country Trails in Ottawa Area (Jan. 2020)

These maps are taken from NCC Urban Ottawa XC Trail Maps

1. **Ski Heritage East** (<u>https://www.skiheritageeast.ca/wpshe/</u>) 17 km of trails along the Ottawa River, running from near Blair Road in the neighbourhood of Rothwell Heights, east to Trim Road in Orleans. <u>Map</u>

#### 2. Rideau Winter Trail (www.rideauwintertrail.ca)

9 km trail running along the east side of the Rideau River from Donald St. (Awawe foot bridge across the Rideau River) to Hurdman O-train station. <u>Map</u>

#### 3. Kichi Sibi Winter Trail (Formerly Sir John A, MacDonald) (www.wintertrail.ca)

The 16-km SJAM trail runs along the Sir John A. Macdonald Parkway, from the Canadian War Museum to Westboro Beach. <u>Map</u>

#### 4. Britannia Winter Trail (https://britanniawintertrail.com/)

8 km trail, following the bike path towards downtown from about Belltown Dome, around the pier in Britannia Park, and east to the Sir John A MacDonald Parkway. <u>Map</u>

#### 5. Ottawa West Winter Trail

https://www.facebook.com/OttawaWestWinterTrail/

8-km trail combining a portion of the Trans Canada Trail with the Watts Creek Pathway and several offshoot trails, from Corkstown Road at Moodie Drive to Carling Avenue. <u>Map</u>

#### 6. Wesley Clover Parks Trail

https://wesleycloverparks.com/trails/

The Kanata Nordic XC ski club manages trails winding through Wesley Clover Parks, an equestrian park about 20 minutes west of downtown. Trails are limited to members only on weekends, but anyone can buy a day pass on weekdays. <u>Map</u>

### XC TRAILS WORLDWIDE

#### List of XC ski areas worldwide

http://www.skiresort.info/best-ski-resorts/sorted/cross-country/

#### List of XC ski areas in Quebec

www.cross-countryski.com/quebec.html

#### List of XC ski areas in Canada

www.canadatrails.ca/xc\_ski/index.html

#### List of XC ski areas in Canada and the US

www.cross-countryski.com/resorts.html

https://xcski.org/find-a-ski-area/

#### List of XC ski areas worldwide

http://www.skiresort.info/best-ski-resorts/sorted/cross-country

# **USEFUL LINKS - DOWNHILL**

#### Local DH ski conditions

www.skiottawa.com

#### Quebec DH ski conditions

https://maneige.ski/conditions-de-neige

### World-wide ski conditions

www.skicentral.com/skireports.html

www.onthesnow.com/ski-resort.html

# SKI HILLS

**Website** 

### Phone

Bromont	1-866-276-6668	skibromont.com
Calabogie	1-800-669-4861	calabogie.com
Camp Fortune	819-827-1717	campfortune.com
Cascades	819-827-0301	montcascades.ca
Edelweiss	819-459-2328	skiedelweiss.com
Jay Peak	1-802-988-2611	jaypeakresort.com
Killington	1-802-422-6200	killington.com
Le Massif	1-877-536-2774	lemassif.com
Mont Blanc	1-800-567-6715	skimontblanc.com
Mont-Ste-Anne	1-888-827-4579	mont-sainte-anne.com
Mont Ste-Marie	819-467-5200	montstemarie.com
U	1-800-363-2426 mmets.com/en/ski-n	nountains/sommet-morin-heights/

Orford 819-843-6548 orford.com Owlshead 1-800-363-3342 owlshead.com Pakenham 613-624-5290 mountpakenham.com St-Sauveur 450-227-4671 sommets.com/en/ski-mountains/sommet-saintsauveur/ 1-800-53-SUGAR sugarbush.com Sugarbush Sutton 1-866-538-2545 montsutton.com Tremblant 1-888-215-4419 tremblant.ca Vorlage 819-459-2301 skivorlage.com

Whistler	1-800-766-0449	whistlerblackcomb.com
Whiteface	518-946-2223	whiteface.com

NOTE: Many ski hills have web cameras where you can see the current weather, crowds, and ski conditions all in real time.

# **PHOTOS FROM WEEKEND & MID-WEEK TRIPS**



Feb. 2023 - Whiteface, NY



Feb. 2020 - Val David, Que.



Feb. 2020 - Bromont, Que.



Feb. 2019 - Val David, Que.



Feb. 2017 – Snowshoeing at Mont Ste-Anne



Feb. 2017 - Mont Ste-Anne, Que.



Feb. 2017 – Grand Lodge, Tremblant



Feb. 2016 – Val David, Que.



Mar. 2015 – Jay Peak



Feb. 2015 – Snowshoers at Tremblant



Feb. 2014 - Snowshoeing at Val David



Jan. 2013 – Val David, Que.



Feb. 2014 – Le Massif, Que.



Mar. 2012 – Sugerbush, Vermont